

Name \_\_\_\_\_

## TIPS FROM THE TOOTH FAIRY

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# How to brush

Use a soft toothbrush- the kind your dentist and hygienist tell you to use.

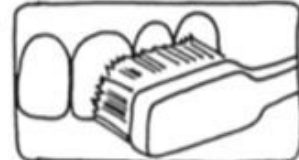


1. Apply your toothpaste.

(use a pea size amount.)



2. Brush your front teeth.



3. Brush in a circular motion.



4. Brush your back teeth.



5. Rinse your mouth and teeth.



After you brush your teeth, then it's time to

# FLOSS

THIS IS HOW YOU CLEAN BETWEEN YOUR TEETH AND GUMS.... (HAVE AN ADULT HELP YOU)



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