

Name _____

Paletero Man, by Lucky Diaz

Make paletas at home:

Ingredients

3 cups coarsely chopped ripe fresh fruit (try watermelon, pineapple, strawberries, mango, cantaloupe)
1/2 cup granulated sugar
1/3 cup water
3 tablespoon freshly squeezed key lime juice or regular lime juice

Directions

Place the sugar, water, lime juice, and half of the chopped fruit into a blender; blend until smooth. Spoon the remaining chopped fruit into ice pop molds, then add the blended mixture, leaving 1/2 inch of headspace for expansion.

Place the molds in the freezer and chill for at least 6 hours.

If your molds don't have built-in sticks, or if you are using paper cups, insert wooden sticks into the slushy mix after about 1 hour and return to freezer for at least five hours.

