

Don't get caught off guard when you get a call from a friend or a letter from your child's teacher about LICE. Lice happens. Know facts about lice so you can be prepared.

How do you keep lice out of your home? Check your child's hair thoroughly for lice on a regular basis, (at least once a week), especially before and after sleep-overs and camping trips. Know your child's scalp and hair. Be prepared with tools to help you identify lice in your child's hair. You may not see lice or nits (eggs) with a dry eye check. A special very fine tooth lice comb will help determine if your child has lice. It is best to establish a routine so that your child will remain lice free.

Parents, please report any findings of lice to the health office. If you find lice in your child's hair, please make sure to treat it appropriately yourself or with a lice removal service. Students presenting with lice must check in the health office before returning to class, once you have treated and removed lice at home. Re-check your child's hair regularly after you treat them for lice.

**SYMPTOMS:** Child usually complains of excessive itching of the scalp. **Lice crawl but are unable to jump or fly.** Lice and their eggs (nits), which are attached to the base of the hair shaft, can be seen with the naked eye. CDC website for more information.

<http://www.cdc.gov/parasites/lice/head/index.html>

Grand View Elementary does not endorse a particular lice removal product or lice removal service. You may choose any service or method available to ensure your child is lice free.