



# EVERY Day is Trash-Free Lunch Day at Grand View!

## Start the new school year right—win the Trash-Free Lunch Kick-Off Contest!

**Win Dinner for 4 at Rock & Brews El Segundo!**

At Grand View, we encourage parents to pack a trash-free lunch for their children EVERY day of the year! The student who brings the most trash-free lunches during September will win a free dinner for four at Rock & Brews El Segundo! (Up to \$100.) If there are multiple winners, one winner will be selected via a drawing.

**What is a Trash-Free Lunch?** A trash-free lunch means including nothing disposable: No foil, no plastic bags, no paper napkins, no throw-away food packaging for prepackaged foods, no disposable water bottles, no plastic utensils, no paper bags...you get the idea. Only food and drinks and reusable containers. Why? See the other side of this sheet!

**Parents: Initial the calendar below for each day your child brings a trash-free lunch.**

NOTE: Bought lunches (unfortunately) do not qualify as trash-free lunches.

### September 2013

Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

I certify that my child brought a trash-free lunch each day I initialed above.

Child's Name: \_\_\_\_\_ Room/Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**RETURN THIS SHEET TO YOUR CHILD'S TEACHER OR THE FRONT OFFICE BY OCTOBER 7.**

# Every Day Is *Trash-Free Lunch Day* at Grand View!

A U.S. Department of Education Green Ribbon School, Grand View encourages parents and students to pack a trash-free lunch EVERY day. And if you can't be trash-free, Grand View asks you to sort your waste into recycling and compost. Why? Here are some facts to inspire you:

1. **Most of what we eat, drink, or use in any way comes packaged in petroleum plastic—a material designed to last forever, yet used for products that we then throw away.** This throwaway mentality is a relatively recent phenomenon. Just a generation ago, we packaged our products in reusable or recyclable materials—glass, metals, and paper, and designed products that would last. Today, our landfills and beaches are awash in plastic packaging, and expendable products that have no value at the end of their short lifecycle.  
Source: 5 Gyres Foundation. [http://www.5gyres.org/what\\_is\\_the\\_problem](http://www.5gyres.org/what_is_the_problem)
2. **Lots of plastic is getting into the oceans' food chains/webs.** Humans produce millions of tons of disposable plastics a year and lots of it washes into the ocean. Most plastic floats near the sea surface where some is mistaken for food by birds and fish. Research shows that **there are now 6 pounds of plastic pieces in the ocean for every pound of zooplankton**, a basic food for most sea animals.  
Source: Algalita Marine Research Institute. [http://www.algalita.org/research/pelagic\\_plastic.html](http://www.algalita.org/research/pelagic_plastic.html)
3. **The U.S. discards more than 250 million tons of trash each year, or about 4.5 pounds per person each day.** Most of that waste is either recyclable or compostable, but just one-third is actually recycled.  
Source: USEPA. [http://www.epa.gov/epawaste/nonhaz/municipal/pubs/msw\\_2010\\_rev\\_factsheet.pdf](http://www.epa.gov/epawaste/nonhaz/municipal/pubs/msw_2010_rev_factsheet.pdf)
4. **In Los Angeles County we generate enough trash to fill Dodger Stadium every two or three days.** Source: Waste Management Inc.
5. **Packing a trash-free lunch helps our environment, and saves money for both Grand View and Grand View parents.** Since starting the Trash Free Lunch program 6 years ago, **Grand View has saved nearly \$5,000 each year.** That money that is now going to buy things our teachers need instead of trash-hauler pick-ups and garbage bags. Parents save money, too—up to \$300 a year per child—when they use reusable containers.  
Source: Grades of Green. <http://www.gradesofgreen.org>.

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**The Grand View student who brings the most trash-free lunches during September will win dinner for four at Rock & Brews!** (*Rock & Brews El Segundo location only, limit \$100. If there are multiple winners, the winner will be selected by a drawing.*)

In addition, throughout the year **students who bring a trash-free lunch OR sort their lunch waste will get raffle tickets** for Grand View's exciting Trash-Free Lunch **PRIZE DRAWINGS** each trimester! Prizes include:

- **Fresh Brothers pizza gift certificates!**
- **Ice cream parties at Manhattan Beach Creamery!**
- **Coupons for FREE Skechers shoes!**
- **Street Surfing Wave Boards!**
- **Go Green Lunch Boxes!**
- **Rip Curl wet suits...and more!**

**Questions? Contact Melissa Bailey at 310.465.5647.**